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<http://www.snh.cc>

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Dr. Christopher's School of Natural Healing

College of Reflexology

COURSE DESCRIPTION

“Reflexology is a sensational, dynamic, yet simple approach to glowing health. It requires no expense, no special equipment, no drugs, and no medication. Through reflex muscles you will be able to eliminate the causes and symptoms of sickness and pain from virtually every part of the body. Reflexology is simple and safe for anyone to use, anywhere, and at any time. The powerful healing forces of reflexology will make you whole: bring you renewed vigor, vitality, and beauty; and eliminate illness and pain from your life” (*Body Reflexology* by Mildred Carter and Tammy Weber).

Principles taught through The School of Natural Healing's Reflexology Program complement any health care profession including Massage Therapy, Naturopathy, Midwifery and Chiropractic care. In most states licensed massage therapists may use the title reflexologist after taking this course (state laws may vary).

The purpose of this reflexology course is to prepare you to use reflexology on your family members and yourself without charging for your services. The certificate awarded after completing this course does not entitle you to practice reflexology professionally, teach reflexology, or use the title reflexologist in ads or endorsements.

LEVEL 100-FAMILY HERBALIST

(Level 100 from Master Herbalist Course)

The “Family Herbalist” course addresses the fundamentals of natural health and answers the question: “What is the cause behind all major disease?” Dr. Christopher’s internal cleansing program provides the student with a basic understanding needed to progress through training in natural healing. This level also includes a biography of Dr. Christopher and shows how he treated common diseases including acne, anemia, colds, diabetes, eye problems and fevers.

Materials included in this level:

An Herbal Legacy of Courage text by David Christopher
Herbal Home Health Care text by David Christopher
Study guide for *Herbal Home Health Care*
Fundamentals of Herbology (2 hour DVD)
Simple Home Remedies (1 hour DVD)
Study guide for videos
Internal Cleansing (1 hour audio CD)
Safety of Herbs (1 hour audio CD)
Master Herbalists Speak (1 hour audio CD)

LEVEL 200 – ANATOMY

(Level 1700 from the Master Herbalist Course)

Understanding the workings and physiological make-up of the human body is essential in working with the body toward complete healing. This course offers college level anatomy training in the functions of the organ systems and how they relate to each other. A specific emphasis is placed on applying herbal healing to the common diseases of each organ.

Materials included in this level:

Human Body In Health & Disease text by Memmler, Cohen and Wood
Study guide for *Human Body in Health & Disease*
Reflexology essay questions

Level 300 – Beginning Reflexology

Reflexology is one of the most useful techniques to increase the health and wellness of your family. Once you understand the basics, your own two hands will be the tools you use to help yourself and your family on the road to great health.

Materials included in this level:

Reflexology for Every Body text by Joan Cosway Hayes and Judy Law
Reflexology for Every Body (1 hour) DVD by Joan Cosway Hayes
Study Guide for *Reflexology for Every Body*
Reflexology (1 hour audio cassette)

LEVEL 400 – ADVANCED REFLEXOLOGY

This level reinforces the principles of reflexology discussed in level 300. Students will learn advanced reflexology techniques that can be applied throughout the body and how to effectively use them to heal the body. A special reflexology tool is included as well as instructions on how to use it.

Materials included in this level:

Body Reflexology text by Carter and Webber
Study guide for *Body Reflexology*
Magic Reflexor reflexology ball

TUITION:

Complete Reflexology Program \$1085 (save \$100 over enrolling in each course individually)

Enroll today by calling 1-800-372-8255 or securely online at <http://www.snh.cc>

Tuition and materials subject to change.